

HABC Level 3 Award in First Aid at Work

Course Introduction

The HABC Level 3 Award in First Aid at Work is a qualification designed to help organisations meet the minimum requirements for First Aiders in accordance with Health & Safety First Aid at Work Regulations (1981). Students will gain the knowledge and skills to effectively perform a wide variety of First Aid procedures in the workplace and deal with almost any emergency effectively until the arrival of professional help.

Course Topics

- Dealing with an Emergency
- Infection Control
- Primary & Secondary Surveys
- Unconsciousness
- CPR
- Safe Use of an Automated External Defibrillator (AED)
- Choking Procedures
- Shock
- Anaphylaxis
- Wound/Bleed Management
- Management of Catastrophic Bleeds
- Burns Management
- Strokes
- Asthma & Hyperventilation
- Heart Attacks & Angina
- Sprains & Strains
- Diabetes Management
- Seizures & Epilepsy
- Fractures & Dislocations
- Head Injuries
- Crush Injuries
- Chest Trauma
- Amputation Injuries
- The Importance of Accident Reports & RIDDOR Form

Optional Add-ons (available on request):

- Dealing with Forestry Specific Injuries (1 Hour)

(Delivered on the final day of the programme)

Course Benefits

Any company, regardless of size and risk should have at least one First Aider. Anybody delegated the responsibility of being a First Aider must hold a current "FAW" certificate as a minimum requirement.

Assessment Method

Written and Practical Assessments

Qualification Expiry

3 Years