

City & Guilds Confined Space Low Risk: 6160-01

Course Introduction

The City & Guilds accredited course is the national occupational standard for individuals who work or are progressing towards working within a low risk confined space environment. The low risk course covers both water & non-water industries, for those who work or want to work in confined spaces such as meter pits, valve chambers and stairwells. This course is delivered at our City & Guilds approved training centres in Swansea & Cardiff.

The City & Guilds Low risk Confined space course provides the knowledge and skills to safely work in low risk confined spaces, including those associated with lone working where the application of proper procedures is required. Low risk confined space environments often have entries no deeper than three meters with an unobstructed vertical lift and a straight ladder into a dark chamber.

Delegates will gain practical experience of using fall arrest and retrieval equipment. Tasks will also include appropriate ladder-climbing techniques which will allow for safe access and egress into a confined space.

Due to the nature of the training course and the emphasis placed on communication, there is only a provision for the assessments to be undertaken in English. Therefore, candidates for this type of training must be able to understand and speak the English language.

Course Pre-Requisites

Delegates attending this course must be at least 16+ years and be physically and mentally fit withstand the rigorous training. For this type of training candidates must be able to understand and speak English Language.

Course Topics

- Legislation, regulations and guidance
- Confined space definitions and classification
- Risk assessments and workplace safety
- Control measures
- Personal protective equipment (PPE) and safe access
- Atmosphere testing
- Gas detection and ventilation
- Emergency planning
- Practical exercises
- Written assessment

Course Benefits

On successful completion, learners will have a competent understanding of safety and the assessment of risk when working within low risk confined spaces, keeping individuals and those around them safe.

Assessment Method

Level 2 Award, Learning Hours 8 (1 Day)

Written theory test and a practical assessment

Qualification Expiry

3 Years